



January, 2013

JGSS-2013LCS Self-Administered Questionnaire

JGSS Research Center, Osaka University of Commerce
Joint Usage/Research Center for Japanese General Social Surveys
Accredited by Minister of Education, Culture, Sports, Science and Technology



**-2013 Special Survey on Working Conditions and Life Styles-
(Wave 2)**

First we would like to ask about your daily life.

Q1 In an average day, about how many hours do you personally watch television? Enter 0 (zero) if you never watch television.

HRTV_W2 About hour(s)

Q2 How many books do you read a month on average (comics and magazines excluded)?

FQ5READ_W2

0	1	2	3	4
I rarely read books.	About one	About two	About three	Four or more

Q3 Can you do the following by using computer? Circle all that apply.

- COMABPRG_W2** 1 Programming a computer
- COMABSET_W2** 2 Set up for a new computer
- COMABINS_W2** 3 Software installation
- COMABGR_W2** 4 Drawing simple tables or graphs
- COMABDOC_W2** 5 Preparing documents
- COMABNO_W2** 6 None

Q4 Do you regularly do any exercises or play any sports (walking, swimming, baseball, etc.)?

FQSPORT_W2

1	2	3	4	5
More than several times a week	About once a week	About once a month	Several times a year	Scarcely any exercise

Q5 How often do you go on a trip which takes more than two days (business trips are excluded)?

FQ5TRIP_W2

1	2	3	4	5
Several times a month	About once a month	Several times a year	About once a year	Never

Q6 How often do you do the following?

		Almost everyday	Several times a week	About once a week	About once a month	Several times a year	About once a year	Never
FQ7FFDNR_W2 A	Have a family dinner ----->	1	2	3	4	5	6	7
FQ7FRSEE_W2 B	Dine and/or meet with friends →	1	2	3	4	5	6	7
FQ7CKDNR_W2 C	Prepare the evening meal ---->	1	2	3	4	5	6	7
FQ7WASH_W2 D	Do the laundry ----->	1	2	3	4	5	6	7
FQ7SHOP_W2 E	Shopping (daily necessities and groceries) ----->	1	2	3	4	5	6	7
FQ7CLEAN_W2 F	Cleaning the house----->	1	2	3	4	5	6	7
FQ7GARB_W2 G	Take out the garbage ----->	1	2	3	4	5	6	7

Q7 How often do you do the following?

		Several times a week	About once a week	About once a month	Several times a year	About once a year	Never
FQ6DRIVE_W2	A Driving for fun -----→	1	2	3	4	5	6
FQ6KARA_W2	B Karaoke -----→	1	2	3	4	5	6
FQ6MSUM_W2	C Visiting Museum -----→	1	2	3	4	5	6
FQ6CLSS_W2	D Going to Classic Concert-----→	1	2	3	4	5	6
FQ6MOVIE_W2	E Watching movies (including home videos and DVD) -----→	1	2	3	4	5	6
FQ6GAME_W2	F Playing video games (including PC games and portable games) →	1	2	3	4	5	6
FQ6MAJON_W2	G Playing <i>Mahjong</i> -----→	1	2	3	4	5	6
FQ6PACHI_W2	H Play <i>Pachinko</i> and/or <i>Pachislot</i> -----→	1	2	3	4	5	6
FQ6LOTTO_W2	I Buying Lottery -----→	1	2	3	4	5	6
FQ6GREEN_W2	J Gardening -----→	1	2	3	4	5	6

Q8-1 About how many close friends, excluding family members and relatives, do you have?

NUMFRND_W2

FRND_W2(More than one friend)

1	2	3	4	5	6
None	1-2	3-4	5-9	10-19	20 or more

Q8-2 How many of your close friends apply to the followings?

		All	Some	None of them
FRNDSEX_W2	A Those who are the same sex as you	1	2	3
FRNDGEN_W2	B Those who are the same generation with you	1	2	3
FRNDEDU_W2	C Those who are the same educational level with you	1	2	3
FRNDINC_W2	D Those who are the same income level with you	1	2	3
FRNDFRGN_W2	E Foreigners	1	2	3

You will be now asked questions regarding your mental and physical health.

Q9 How would you rate your health condition?

OP5HLTHZ_W2

Good					Poor
1	2	3	4	5	

Q10 How often do you drink alcoholic?

DO7DRINK_W2

1	2	3	4	5	6	7
Almost everyday	Several times a week	About once a week	About once a month	Several times a year	About once a year	Never

Q11-1 Do you smoke?

DOSMOKEX_W2

1
I am a smoker.

2
I used to smoke, but I have stopped smoking.

3
I have scarcely/ never smoked.

Q11-2 Have you ever tried to give up smoking?

XQTSMOKE_W2

1 Yes

2 No

Q12 We would like to ask about your feelings and mental status during the last month. (Circle a number as shown in the example.)

All of the time ←————→ None of the time

(Example)

1 2 3 4 5

MENHLNRV_W2	A I have been a very nervous person.	1	2	3	4	5
MENHLCLM_W2	B I have felt calm and peaceful.	1	2	3	4	5
MENHLDP_W2	C I have felt downhearted and blue.	1	2	3	4	5
MENHLPLS_W2	D I have been a happy person.	1	2	3	4	5
MENHLDWN_W2	E I felt so down in the dumps that nothing could cheer me up.	1	2	3	4	5

Q13 Have you had any of the following symptoms in the past month? Circle all that apply.

SYMPHEAD_W2	1 Headache	SYMPANRX_W2	6 Anorexia	SYMPSTIF_W2	11 Stiff shoulder
SYMPVERT_W2	2 Vertigo	SYMPABDN_W2	7 Abdominal pain	SYMPSLPD_W2	12 Sleep disorder
SYMPPALP_W2	3 Palpitation	SYMPSTMC_W2	8 Stomach pain	SYMPSLP_W2	13 Lack of sleep
SYMPDIAR_W2	4 Diarrhea	SYMPBACK_W2	9 Lower back pain	SYMPOTHR_W2	14 Other (Specify:)
SYMPCNST_W2	5 Constipation	SYMPYES_W2	10 Eyestrain	SYMPNONE_W2	15 None of them

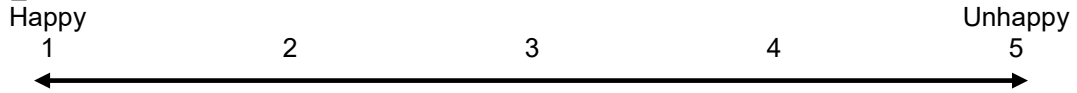
Q14 How much satisfaction do you get from the following areas of life? Circle a number that applies to you.

Satisfied ←————→ Dissatisfied

ST5AREAY_W2	A Place you live in	1	2	3	4	5	
ST5LEISY_W2	B Leisure time activities	1	2	3	4	5	
ST5LIFEY_W2	C Your family life	1	2	3	4	5	
ST5ECNY_W2	D The current financial situation of your household	1	2	3	4	5	
ST5FRIY_W2	E Your friendships	1	2	3	4	5	
ST5HLTHY_W2	F Your health and physical condition	1	2	3	4	5	
ST5SSREL_W2	G Relationship with your spouse	1	2	3	4	5	6 I don't have a spouse.

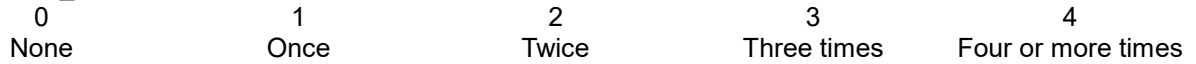
Q15 Are you happy?

P5HAPPZ_W2



Q16 During the past five years how many traumatic events (such as divorce, unemployment, hospitalization, disabilities, death of someone close to you) have happened to you?

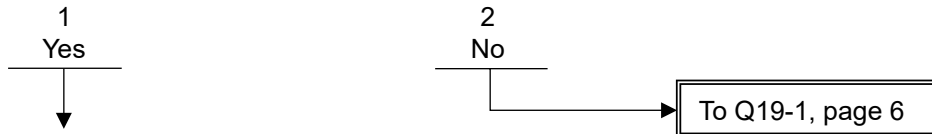
XTRAUM5Y_W2



The following are the questions regarding your job.

Q17 Other than a temporary part-time job while you were a student, have you had a job with pay?

XWORKL_W2



Q18 How much is each of the following statements true for your current workplace? If you are not currently employed, answer regarding the workplace of your last job.

			True	Somewhat true	Somewhat untrue	Untrue
CNDFLX_W2	A	I can decide my working hours flexibly	-----→ 1	2	3	4
CNDSMPR_W2	B	I can decide my working sequence on my own	--→ 1	2	3	4
CNDSMAMT_W2	C	I can decide my working amount on my own	----→ 1	2	3	4
CNDSMHDY_W2	D	I can decide holiday/vacation on my own	-----→ 1	2	3	4
CNDJNT_W2	E	My co-workers' workload will be increased if I don't do my allocation	-----→ 1	2	3	4
CNDUNRST_W2	F	Regardless of rank at work, we can discuss matters frankly	-----→ 1	2	3	4
CNDINS_W2	G	There is a superior at work who gives me sufficient explanation about visions and policies	-----→ 1	2	3	4
CNDSPT_W2	H	There is a senior at work who trains me and gives me an advice	-----→ 1	2	3	4
CNDKNLG_W2	I	I utilize my knowledge and skills learned at school	1	2	3	4
CNDTRN_W2	J	Effective job training is implemented	-----→ 1	2	3	4
CNDREP_W2	K	I feel like my job is repetitive	-----→ 1	2	3	4
CNDABL_W2	L	I utilize my own ability	-----→ 1	2	3	4
CNDEFT_W2	M	Promotion is contingent upon efforts	-----→ 1	2	3	4
CNDACMP_W2	N	Salary varies contingent upon accomplishment	-→ 1	2	3	4
CNDWRTH_W2	O	I work because I enjoy my work rather than for money	→ 1	2	3	4
CNDBLC_W2	P	Time allocation of work and life is well-balanced	→ 1	2	3	4

The following questions are for both those who are employed, and those who are not employed.

Q19-1 From the list below, what do you think are skills you earned during the last four years after the previous survey?

Q19-2 From the list below, what do you think are skills you want to earn or improve in near future? Choose all that apply

	Q19-1 Circle <u>all</u> skills earned after the previous survey		Q19-2 Circle <u>all</u> skills you want to earn/improve	
Skill to prepare documents on the computer	SKAPDOC_W2	1	SKWTDOC_W2	1
Ability to speak, read, write in English	SKAPENG_W2	2	SKWTENG_W2	2
Cooperativeness with superiors and/or colleagues	SKAPCOOP_W2	3	SKWTCOOP_W2	3
Ability to carry on tasks without authoritative directions	SKAPINTV_W2	4	SKWTINTV_W2	4
Ability to carry out multiple tasks	SKAPVERS_W2	5	SKWTVERS_W2	5
Ability to lead a team	SKAPLEAD_W2	6	SKWTLEAD_W2	6
Ability to deal with people with proper manner	SKAPMNNR_W2	7	SKWTMNNR_W2	7
Ability to construe others' request accurately	SKAPRCPT_W2	8	SKWTRCPT_W2	8
Ability to make coherent communication with others	SKAPCHRC_W2	9	SKWTCHRC_W2	9
Knowledge about social situation	SKAPSOC_W2	10	SKWTSOC_W2	10
Knowledge about law	SKAPLAW_W2	11	SKWTLAW_W2	11
Knowledge about labor rights and duties	SKAPRGHT_W2	12	SKWTRGHT_W2	12
None of the above	SKAPNO_W2	13	SKWTNO_W2	13
Never employed	SKAPNW_W2	14		

Q20 Do you want to increase or decrease the time you spend on the following?

	I want to increase.	I want to increase a little.	Just fine now.	I want to decrease a little.	I want to decrease.
TMALWK_W2 A Work hours -----→	1	2	3	4	5
TMALHBY_W2 B Hobby -----→	1	2	3	4	5
TMALFAM_W2 C Family time -----→	1	2	3	4	5
TMALHW_W2 D Housework -----→	1	2	3	4	5

You will be now asked questions regarding your thoughts on family

Q21-1 Do you have a spouse (husband or wife) now? Please include an unregistered common-law spouse and a cohabiting partner.

DOMARRYL_W2

1 I have a spouse now.

2 I do not have a spouse.

Q21-2 How true is each of the following statement A-F to you?

		Very true	Somewhat true	Somewhat untrue	Not true at all
UNMRM_W2	A It is not right time to get marry now. -----→	1	2	3	4
UNMRWK_W2	B Current job gives me a sense of fulfillment and pleasure. -----→	1	2	3	4
UNMRHB_W2	C I want to enjoy spending on hobbies now. ----→	1	2	3	4
UNMRNPRT_W2	D There is no ideal partner around. -----→	1	2	3	4
UNMRNOP_W2	E There is no chance to meet a potential partner.→	1	2	3	4
UNMRMRD_W2	F People I like are often married. -----→	1	2	3	4

Q21-3 Do you have an intimate partner now?

INTPTN_W2

- 1 I have a fiancée/fiancé.
- 2 I have a boyfriend/girlfriend.
- 3 I had in the past, but not now.
- 4 I have never had a romantic partner.

Q21-4 By what age do you want to get married?

MARINT_W2

I want to get married by years old. I am not concerned about age. I do not intend to get married.

PRFMAGE_W2

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Q22 Who primarily decides the following familial affairs? Choose one that applies.

	Always I	Usually I	Together with my spouse	Usually my spouse	Always my spouse	I and my spouse separately		
DMHIEXPL_W2	A Purchase higher cost items such as a car and furniture -----→	1	2	3	4	5	6	
DMINV_W2	B Savings and investment→	1	2	3	4	5	6	
DMCED_W2	C Child discipline and education -----→	1	2	3	4	5	6	7
								I have no child

Q23 How often does your spouse do the followings?

		Almost everyday	Several times a week	About once a week	About once a month	Several times a year	About once a year	Never
SSFQ7CK_W2	A Prepare the evening meal	→ 1	2	3	4	5	6	7
SSFQ7SHP_W2	B Shopping (daily necessities and groceries)	-----→ 1	2	3	4	5	6	7
SSFQ7GRB_W2	C Take out the garbage	----→ 1	2	3	4	5	6	7

Q24 Do you want your spouse to increase or decrease the time you spend on the following?

		I want my spouse to increase.	I want my spouse to increase a little.	Just fine now.	I want my spouse to decrease a little.	I want my spouse to decrease.
TMALSWK_W2	A Work hours	-----→ 1	2	3	4	5
TMALSHBY_W2	B Hobby	-----→ 1	2	3	4	5
TMALSFAM_W2	C Family time	-----→ 1	2	3	4	5
TMALSHW_W2	D Housework	-----→ 1	2	3	4	5

Q25 How would you rate your spouse's health condition?

SS5HLTHZ_W2

Very good					Very bad
1	2	3	4	5	

The following questions are both for married and unmarried

Q26-1 Do you want to have a child in the future? If you already have any children, do you want to have another child?

INTCHLD_W2

1	2	3	4	5
I want a child by all means.	I want a child.	I have mixed feelings.	I do not want a child very much.	I do not want a child.

Q26-2 When do you want to have a child?

PRFTMCLD_W2

1	2	3	4	5
Within a year	Within 2 to 3 years	After 4 or more years	Anytime	I or my spouse is currently pregnant.

Q27 Suppose you have a child, how do you think the following things would be changed, compared to your current life. If you already have any children, think about when you have another child.

		Much better	Better	Stay the same	Worse	Much Worse
LCHGFIN_W2	A Family finances	-----→ 1	2	3	4	5
LCHGEMP_W2	B Opportunity for employment and promotion	-----→ 1	2	3	4	5
LCHGFRD_W2	C Friendship	-----→ 1	2	3	4	5
LCHGSOC_W2	D Social appraisal	-----→ 1	2	3	4	5
LCHGPEAC_W2	E Peace of mind	-----→ 1	2	3	4	5
LCHGSAT_W2	F Life satisfaction	-----→ 1	2	3	4	5

Q28 How many children in total (including existing children) do you want to have?

PRFCCNUM_W2

- | | | | | | |
|------------------------|-----|-----|-------|------|--------------|
| 0 | 1 | 2 | 3 | 4 | 5 |
| None | One | Two | Three | Four | Five or more |
| (Please specify _____) | | | | | |
| PRFCCNMW_W2 | | | | | |

Q29 Do you have worries about raising your own children? Choose all that apply.

- ANXCARE_W2** 1 Caretaking
- ANXDSP_W2** 2 Disciplining
- ANXCOMM_W2** 3 Communication with children
- ANXCIR_W2** 4 Neighborhood quality as a place to raise children
- ANXFRD_W2** 5 Children's friendship
- ANXLIFE_W2** 6 Children's Demeanor
- ANXACAD_W2** 7 Children's academic performance
- ANXEDU_W2** 8 Children's educational expenses
- ANXOT_W2** 9 Others(Please specify _____)
- ANXNO_W2** 10 No specific worries/No child

Q30 Do you agree or disagree with the following statements about child education? If you don't have any children, please answer with the assumption that you have your own children.

- | | | Agree | Somewhat agree | Somewhat disagree | Disagree |
|--------------------|--|---------|----------------|-------------------|----------|
| CEDUACAD_W2 | A I want my children to attain the same level or higher level of education, compared to what I have received. -----> | 1 | 2 | 3 | 4 |
| CEDUEMP_W2 | B I want my children to get a job, rather than attending college. -----> | 1 | 2 | 3 | 4 |
| CEDUEXP_W2 | C I want to spend money on child education as much as possible. -----> | 1 | 2 | 3 | 4 |
| CEDUGOV_W2 | D I want national and local government to spend more on childcare support services.-----> | 1 | 2 | 3 | 4 |

Q31 Do you agree or disagree with the following statements?

- | | | Agree | Somewhat agree | Somewhat disagree | Disagree |
|--------------------|---|---------|----------------|-------------------|----------|
| Q4DIVOK_W2 | A A person, who is not satisfied with his/her spouse, should be able to divorce at any time. -----> | 1 | 2 | 3 | 4 |
| Q4MNCOOK_W2 | B Men should cook and look after themselves. -----> | 1 | 2 | 3 | 4 |
| Q4WWHHX_W2 | C A husband's job is to earn money; a wife's job is to look after the home and family. -----> | 1 | 2 | 3 | 4 |
| Q4JBMMCC_W2 | D If a mother works, it will have a negative impact on preschool children .-----> | 1 | 2 | 3 | 4 |
| Q4WWHPHH_W2 | E It is more important for a wife to help her husband's career than to have one herself. -----> | 1 | 2 | 3 | 4 |

Q32 When you were suffering from a large amount of personal worries or stress to whom did you ask for help? Think about the most recent case and choose one that applies.

HLPWRRY_W2

- 1 Family living with you
- 2 Other relatives
- 3 Co-worker
- 4 Neighbors
- 5 Friends
- 6 Professionals such as doctors and therapists
- 7 I do not consult with anybody
- 8 I have not experienced such a problem

Q33 Do you have the following items at home? Please circle all that apply.

- CNSDBCAR_W2 1 Automobile
- CNSDBMCY_W2 2 Motorcycle
- CNSDBFTV_W2 3 Large flat-screen TV
- CNSDBDRY_W2 4 Cloth drier (including all in one wash machine)
- CNSDBSTK_W2 5 Stock and/or bond certificates
- CNSDBNO_W2 6 None of the above

Q34 During the past one year, did you try to spend less on the following items at home? Please circle all that apply.

- EXRSMEAL_W2 1 Meal expense
- EXRSHOUS_W2 2 Housing expense
- EXRSUTL_W2 3 Utility costs/gas expense
- EXRSCPTH_W2 4 Clothing expense
- EXRSCOMM_W2 5 Communication expense such as phone bills
- EXRSMED_W2 6 Medical expense
- EXRSEDU_W2 7 Education expense
- EXRSENT_W2 8 Entertainment expense
- EXRSOT_W2 9 Others (Please specify)
- EXRSNO_W2 10 I did not try to spend less on anything.

Q35 What do you want to spend more money on in particular? Please circle all that apply.

- EXWTFOOD_W2 1 Eating
- EXWTHOUS_W2 2 Housing
- EXWTAPPL_W2 3 Appliances/audio-visual equipment (refrigerator, TV, PC, etc.)
- EXWTCAR_W2 4 Automobile
- EXWTFSHN_W2 5 Fashion/beauty treatment
- EXWTLSSN_W2 6 Culture lesson/qualification
- EXWTFRD_W2 7 Social expenses with friends
- EXWTTRAV_W2 8 Travel
- EXWTSPRT_W2 9 Sports/Health promotion
- EXWTSMC_W2 10 Watching sports, movies, going to concerts, etc.
- EXWTHK_W2 11 Housekeeping service (including child care)
- EXWTEDU_W2 12 Education expense for children
- EXWTPET_W2 13 Expense for pets
- EXWTOT_W2 14 Others (Please specify)
- EXWTNO_W2 15 None of the above

The following are questions regarding your living circumstances.

Q36 To what extent do you agree or disagree with each of the following statements?

- | | Strongly agree | Somewhat agree | Neither agree nor disagree | Somewhat disagree | Strongly disagree |
|--|----------------|----------------|----------------------------|-------------------|-------------------|
| NOFUTR_W2 A The future seems <u>to me</u> to be hopeless, and I can't believe that things are changing for the better. -----→ | 1 | 2 | 3 | 4 | 5 |
| NOGOAL_W2B I feel that it is impossible <u>for me</u> to reach the goals that I would like to strive for. -----→ | 1 | 2 | 3 | 4 | 5 |

Q37 During the last few years, has your financial situation been getting better, worse, or has it stayed the same?

- OP3ECN3A_W2**
- | | | |
|----------------|---------------|-----------------|
| 1 | 2 | 3 |
| Getting better | Getting worse | Stayed the same |

Q38 Compared with Japanese families in general, what would you say about your family income?

OP5FFINX_W2

1	2	3	4	5
Far below average	Below average	Average	Above average	Far above average

Q39 Do you feel anxious about your economic situation in the future?

AXECNSF_W2

1	2	3	4	5
I feel very anxious.	I feel somewhat anxious.	I have mixed feelings.	I don't feel anxious very much.	I don't feel anxious at all.

Q40 How much did you save during the last year?

SAVELSTY_W2

1	0 Yen	5	500,000 – 700,000 Yen
2	Less than 100,000 Yen	6	700,000 – 1,000,000 Yen
3	100,000 – 300,000 Yen	7	1,000,000 – 2,000,000 Yen
4	300,000 – 500,000 Yen	8	More than 2,000,000 Yen

Q41 How do you think each of the flowing aspects of your household has changed during the last four years?

		Increased	Increased a little	Neither increased nor decreased	Decreased a little	Decreased
CHGSVNG_W2	A Saving-----→	1	2	3	4	5
CHGDFCT_W2	B Deficits-----→	1	2	3	4	5
CHGMONY_W2	C Your disposable money →	1	2	3	4	5

Q42 Which of the following public pension plans do you join?

PENPLAN_W2

1	2	3	4
National Pension	Employees' Pension / Mutual Aid Association Pension	Other (Specify:)	I don't join any pension plan

Q43 In your opinion, how much opportunity would you say there is in the Japanese society to improve the standard of living for you and/or for your family?

OP5CHNCA_W2

1	2	3	4	5
Sufficient	Somewhat sufficient	Neither sufficient nor insufficient	Not very sufficient	Not sufficient at all

Q44 If we were to divide the contemporary Japanese society into the following five strata, which would you say you belong to?

OP5LEVK_W2

1	2	3	4	5
Upper	Upper middle	Middle	Lower middle	Lower

