



February, 2010
JGSS-2010 Self-Administered Questionnaire B

JGSS Research Center, Osaka University of Commerce
Joint Usage / Research Center for Japanese General Social Surveys
Accredited by Minister of Education, Culture, Sports, Science and Technology

Eighth International Comparative Survey on Values and Behavioral Patterns

First we would like to ask about your daily life.

Q1 In an average day, about how many hours do you personally watch television? Enter 0 (zero) if you never watch television.

HRTV About

--	--

 hour(s)

Q2 How many books do you read a month on average (comics and magazines excluded)?

FQ5READ

0	1	2	3	4
I rarely read books.	About one	About two	About three	Four or more

Q3 How often do you read the newspaper?

FQ5NEWSP

1	2	3	4	5
Almost everyday	Several times a week	About once a week	Less than once a week	Never

Q4 How often do you do the following using a cellular phone (including PHS) or a PC?

		5 times a day or more	3-4 times a day	1-2 times a day	Several times a week	Once a week or less	Never
FQMPTALX	A Speaking on a cellular phone (including PHS) ----->	1	2	3	4	5	6
FQMPMAIX	B Sending e-mail by a cellular phone (including PHS) ----->	1	2	3	4	5	6
FQPCMAIX	C Sending e-mail by a PC ----->	1	2	3	4	5	6

Q5 Do you regularly do any exercises or play any sports (walking, swimming, baseball, etc.)?

FQSPORT

1	2	3	4	5
More than several times a week	About once a week	About once a month	Several times a year	Scarcely any exercise

Q6 How often do you go on a trip which takes more than 2 days (Business trips are excluded)?

		Several times a month	About once a month	Several times a year	About once a year	About once in a few years	Never
FQDMTRP	A Domestic trip ----->	1	2	3	4	5	6
FQOSTRP	B Overseas trip ----->	1	2	3	4	5	6

Q7 How often do you want to go on a trip which takes more than 2 days (Business trips are excluded)?

		Several times a month	About once a month	Several times a year	About once a year	About once in a few years	I do not want to go
APDMTRP	A Domestic trip ----->	1	2	3	4	5	6
APOSTRP	B Overseas trip ----->	1	2	3	4	5	6

Q8 What is your priority in a trip which takes more than 2 days (Business trips are excluded)? Choose all that apply.

- IMTRPCUL** 1 Expose myself to the local culture
- IMTRPPPL** 2 Come in contact with local people
- IMTRPREL** 3 Deepen relationships with family or friends
- IMTRPEX** 4 Have an exciting experience
- IMTRPSHP** 5 Enjoy shopping or local foods
- IMTRPSTR** 6 Relieve my stress
- IMTRPNAT** 7 Enjoy nature
- IMTRPFRE** 8 Do as I please
- IMTRPREF** 9 Reflect on myself
- IMTRPOTH** 10 Others (Please specify _____)
- IMTRPNON** 11 None of the above

Additional variable based on the content of "10 Others"

- IMTRPHSP** Enjoy hotspring

Q9 How often do you do the following?

		Almost everyday	Several times a week	About once a week	About once a month	Several times a year	About once a year	Never
FQ7FFDNR	A Have a family dinner ----->	1	2	3	4	5	6	7
FQ7FRSEE	B Dine and/or meet with friends ----->	1	2	3	4	5	6	7
FQ7CKDNR	C Prepare the evening meal ----->	1	2	3	4	5	6	7
FQ7WASH	D Do the laundry ----->	1	2	3	4	5	6	7
FQ7SHOP	E Shop for groceries (daily goods and foodstuffs) ----->	1	2	3	4	5	6	7
FQ7CLEAN	F Clean the house ----->	1	2	3	4	5	6	7
FQ7GARB	G Take out the garbage ----->	1	2	3	4	5	6	7

Q10 How often do you do the following?

		Frequently	Sometimes	Rarely	Not at all/Don't know about the activity
FQ4GAME	A Video games (including PC games and portable games) ----->	1	2	3	4
FQ4NBS	B "Numbers", "Mini-Lotto", and/or "Lote6" ----->	1	2	3	4
FQ4LOTTO	C Lottery (regular) ----->	1	2	3	4
FQ4TOTO	D Soccer Lottery (<i>toto</i>) ----->	1	2	3	4
FQ4PGAM	E Government-controlled gambling (horseracing bicycle races, motorboat races, etc.) ----->	1	2	3	4
FQ4PACHI	F <i>Pachinko</i> and/or <i>Pachislo</i> ----->	1	2	3	4

Q11 During the past five years how many traumatic events (such as divorce, unemployment, hospitalization, disabilities, death of someone close to you) have happened to you?

XTRAUM5Y

0 1 2 3 4
 None Once Twice Three times Four or more times

Q12 How much satisfaction do you get from the following areas of life? (Circle a number as in the example.)

		Satisfied ←-----→ Dissatisfied					
(Example)		1	2	3	4	5	
ST5AREAY	A Place you live in	1	2	3	4	5	
ST5LEISY	B Your non-work activities	1	2	3	4	5	
ST5LIFEY	C Your family life	1	2	3	4	5	
ST5ECNY	D The current financial situation of your household	1	2	3	4	5	
ST5FRIY	E Your friendships	1	2	3	4	5	
ST5HLTHY	F Your health and physical condition	1	2	3	4	5	
ST5SSREL	G Relationship with your spouse	1	2	3	4	5	6 I don't have a spouse.

Q13 In general, are you happy?

OP5HAPPE

Very happy 2 3 4 Very unhappy
 1 5
 ←-----→

The following are questions regarding your living circumstances.

Q14-1 In which of following do you live?

OWNHOUSE

- 1 Own house (including a house owned by your parents or other family members)
- 2 Rented house owned private company
- 3 Company house or house for government employees
- 4 Rented public house of a public corporation
- 5 Others (Please specify _____)

Q14-2 Is your place of residence a detached house or part of a housing complex?

TPHOUSE

- 1 Detached
- 2 Housing complex (apartment, condominium, etc.)

Q15 How long have you been living in the same area?

XLIVEYR

- | | |
|------------------------|------------------------|
| 1 Since I was born | 5 For 5-10 years |
| 2 For less than a year | 6 For 10-20 years |
| 3 For 1-3 years | 7 For 20-30 years |
| 4 For 3-5 years | 8 For 30 years or more |

Q16 Do you want to live in the same area in the future as well?

WLLIVE

- | | | | |
|-----------------------|-----------------------------|--|---|
| 1 | 2 | 3 | 4 |
| Yes,
I do forever. | Yes,
for the time being. | No, I want to move to
another area if possible. | No, I want to move to
another area
immediately. |

Q17 During the last few years, has your financial situation been getting better, worse, or has it stayed the same?

OP3ECN3A

- | | | |
|----------------|---------------|-----------------|
| 1 | 2 | 3 |
| Getting better | Getting worse | Stayed the same |

Q18 Compared with Japanese families in general, what would you say about your family income?

OP5FFINX

- | | | | | |
|-------------------|---------------|---------|---------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| Far below average | Below average | Average | Above average | Far above average |

Q19 Thinking about the time when you were about 15 years old, compared with Japanese families in general then, what would you say about your family income?

OPFFIX15

- | | | | | |
|-------------------|---------------|---------|---------------|-------------------|
| 1 | 2 | 3 | 4 | 5 |
| Far below average | Below average | Average | Above average | Far above average |

Q20 In your opinion, how much opportunity would you say there is in the Japanese society to improve the standard of living for you and/or for your family?

OP5CHNCA

- | | | | | |
|------------|------------------------|--|------------------------|--------------------------|
| 1 | 2 | 3 | 4 | 5 |
| Sufficient | Somewhat
sufficient | Neither sufficient
nor insufficient | Not very
sufficient | Not sufficient
at all |

Q21 If we were to divide the contemporary Japanese society into the following five strata, which would you say you belong to?

OP5LEVK

- | | | | | |
|-------|--------------|--------|--------------|-------|
| 1 | 2 | 3 | 4 | 5 |
| Upper | Upper middle | Middle | Lower middle | Lower |

Q22 Do you feel anxious about your economic situation in the future?

AXECNSF

- | | | | | |
|----------------------|-----------------------------|---------------------------|------------------------------------|---------------------------------|
| 1 | 2 | 3 | 4 | 5 |
| I feel very anxious. | I feel somewhat
anxious. | I have mixed
feelings. | I don't feel anxious
very much. | I don't feel anxious
at all. |

You will be now asked questions regarding your thoughts on politics and policies.

Q23 Who do you think should be responsible for the following? Choose a number from 1 to 5 for each.

		Individuals and families			Governments	
		1	2	3	4	5
OP5SRWFY	A Livelihood of the elderly	1	2	3	4	5
OP5SRMDY	B Medical and nursing care of the elderly	1	2	3	4	5
OP5CCED	C Education of children	1	2	3	4	5
OP5CCARE	D Raising and taking care of children	1	2	3	4	5

Q24 Where would you place your political views on a 5-point scale?

OP5RADCA

Conservative				Progressive	
1	2	3	4	5	

Q25 What is your opinion of the following statement? "It is the responsibility of the government to reduce the differences in income between families with high incomes and those with low incomes."

Q5GVEQAA

1	2	3	4	5
Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree

Q26 Currently, which political party do you support? Choose one that applies.

XX8PLPTY

1 Liberal Democratic Party	<i>Additional codes based on the content of "6 other"</i>
2 Democratic Party of Japan	9 <i>Minnanoto</i> (Your Party)
3 New <i>Komeito</i>	10 <i>Kokumin shinto</i> (The People's New Party)
4 Japanese Communist Party	11 <i>Koufuku jitsugento</i> (The Happiness Realization Party)
5 Social Democratic Party	12 <i>Tachiagare Nippon</i> (The Sunrise Party of Japan)
6 Other party()	13 <i>Shinto Nippon</i> (New Party Nippon)
7 There is no particular party I support.	
8 Don't know	

Q27 Is there any area within 1 km (15-minutes' walk) of your home where you would be afraid to walk alone at night?

FEARWALK

1 Yes	2 No
-------	------

Q28 Do you agree or disagree with the following statements?

		Agree	Somewhat agree	Somewhat disagree	Disagree
Q4WWJBIA	A If a husband has sufficient income, it is better for his wife not to have a job. ----->	1	2	3	4
Q4WNMGA	B Without a doubt, a woman's happiness lies in a marriage. ----->	1	2	3	4
Q4WWHHX	C A husband's job is to earn money; a wife's job is to look after the home and family. ----->	1	2	3	4
Q4MNMGA	D Without a doubt, a man's happiness lies in a marriage. ----->	1	2	3	4
Q4WWHPHH	E It is more important for a wife to help her husband's career than to pursue her own career. ----->	1	2	3	4

Q29 Are you a member of the following organizations?

- MEMPLTGP** A Political associations -----→ 1 Yes 2 No
- MEMIND** B Trade associations -----→ 1 Yes 2 No
- MEMVLNTR** C Social service groups -----→ 1 Yes 2 No
- MEMCIVIL** D Citizens' movement/Consumers' cooperative groups --→ 1 Yes 2 No
- MEMRL** E Religious groups -----→ 1 Yes 2 No
- MEMSPORT** F Sports groups and club -----→ 1 Yes 2 No
- MEMHOBBY** G Hobby groups or clubs
(chorus, photography, mountain hiking, etc.) -----→ 1 Yes 2 No
- MEMCOOP** H Cooperative society (co-op) -----→ 1 Yes 2 No

Q30-1 Do you follow a religion?

DORL

- 1
Yes
- 2
Although I do not believe in personally,
I have a family religion.
- 3
No

Q30-2 Please name the religion.
XXRL
(Please specify _____)

Q30-3 How would you describe yourself as a religious follower?
DO3PIOUS

- 1 Very devoted
- 2 Devoted to a certain degree
- 3 Not very devoted

Q31 Do you work for a public or non-profit institution (e.g., hospital, school, municipal government, and NPO) as your main job?

JOBNPO

- 1 I work for a public or non-profit institution.
- 2 I do not work for a public or non-profit institution.
- 3 Currently, I do not work for pay.

Q32 Does your spouse work for a public or non-profit institution (e.g., hospital, school, municipal government, and NPO) as his/her main job?

SSJBNPO

- 1 My spouse works for a public or non-profit institution.
- 2 My spouse does not work for a public or non-profit institution.
- 3 Currently, my spouse does not work for pay.
- 4 I don't have spouse.

Q33 How true is each of the following statements to you?

- | | | True | Somewhat true | Somewhat untrue | Untrue | I am not employed/
I don't have any co-worker |
|-----------------|--|---------|---------------|-----------------|---------|--|
| OPWSLPW | A People in my workplace have a strong sense of solidarity. -----→ | 1 | 2 | 3 | 4 | 5 |
| OPWSLRES | B I feel a strong sense of solidarity with my co-workers. -----→ | 1 | 2 | 3 | 4 | 5 |

You will be now asked questions regarding your health status.

Q34 In general, would you say your health is:

SFHLCD

- | | | | | |
|-----------|-----------|------|------|------|
| 1 | 2 | 3 | 4 | 5 |
| Excellent | Very good | Good | Fair | Poor |
-

Q35 The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

- | | | Yes,
limited a lot | Yes,
limited a little | No,
not limited at all |
|-----------------|--|-----------------------|--------------------------|---------------------------|
| SFLMTMA | A <u>Moderate activities</u> , such as moving a table, pushing a vacuum cleaner, bowling, or playing golf -----→ | 1 | 2 | 3 |
| SFLMTSTR | B Climbing <u>several</u> flights of stairs -----→ | 1 | 2 | 3 |
-

Q36 During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

- | | | All of the
time | Most of
the time | Some of
the time | A little of
the time | None of
the time |
|----------------|--|--------------------|---------------------|---------------------|-------------------------|---------------------|
| SFPHUSL | A <u>Accomplished less</u> than you would like → | 1 | 2 | 3 | 4 | 5 |
| SFPHCNT | B Were limited in the <u>kind</u> of work or other activities -----→ | 1 | 2 | 3 | 4 | 5 |
-

Q37 During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or a anxious)?

- | | | All of the
time | Most of
the time | Some of
the time | A little of
the time | None of
the time |
|-----------------|--|--------------------|---------------------|---------------------|-------------------------|---------------------|
| SFMNTUSL | A <u>Accomplished less</u> than you would like → | 1 | 2 | 3 | 4 | 5 |
| SFMNTCNT | B Did work or other activities <u>less carefully than usual</u> -----→ | 1 | 2 | 3 | 4 | 5 |
-

Q38 During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

SFINTFPN

- | | | | | |
|------------|--------------|------------|-------------|-----------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all | A little bit | Moderately | Quite a bit | Extremely |
-

Q39 These questions are about how you feel and how things have been with you during the past 4 weeks.
For each question, please give the one answer that comes closest to the way you have been feeling.
How much of the time during the past 4 weeks...

		All of the time	Most of the time	Some of the time	A little of the time	None of the time
SFMHPEAC	A Have you felt calm and peaceful? -----→	1	2	3	4	5
SFMHENGY	B Did you have a lot of energy? -----→	1	2	3	4	5
SFMHDPRS	C Have you felt downhearted and depressed? -----→	1	2	3	4	5

Q40 During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

SFINTFSC	1	2	3	4	5
	All of the time	Most of the time	Some of the time	A little of the time	None of the time

Q41 To what extent do you agree or disagree with each of the following statements?

		Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
NOFUTR	A The future seems <u>to me</u> to be hopeless, and I can't believe that things are changing for the better. -----→	1	2	3	4	5
NOGOAL	B I feel that it is impossible <u>for me</u> to reach the goals that I would like to strive for. -----→	1	2	3	4	5

Q42-1 Do you have chronic disease or longstanding health problem?

XCHRDIS	1 Yes	2 No
	↓	↓

Q42-2 What are they? Please choose all that apply.

- CRHYTNS** 1 Hypertension
- CRDIABT** 2 Diabetes
- CRHRTDIS** 3 Heart disease (myocardial infarction, angina pectoris, etc.)
- CRRSPROB** 4 Respiratory problem (asthma, chronic cough)
- CRHYLPM** 5 Hyperlipemia
- CRCRBVAS** 6 Cerebralvascular disease (stroke, cerebral infarction, etc.)
- CRBKPAIN** 7 Back pain/Arthralgia
- CROTHER** 8 Others (Please specify _____)

Additional variables based on the content of "8 Others"

- CRPRDIS** Prostatic disease
- CRARGDIS** Allergy disease
- CRCANCR** Malignant neoplasm (cancer)
- CRMENIL** Mental illness
- CRSENDIS** Sensory organ disease
- CRLPGDIS** Liver/Pancreas/Gallbladder disease
- CRGASDIS** Gastrointestinal disease
- CRKIDDIS** Kidney disease
- CRTHYDIS** Thyroid disease
- CRBONE** Bone fracture
- CRPDPOS** Physical disability/Postoperative sequela
- CRHEADSS** Headache/Stiff shoulder

Q43 Currently, do you have any of the following symptoms? Choose all that apply.

HAATOPI	HAKAFUN	HAZENSOK	HAFOOD	HANONE
1	2	3	4	5
Atopic dermatitis	Hay fever	Asthma	Food allergy	None

Q44 During the past 4 weeks, how much did itchy skin bother you?

SKITCH

- 1 Not at all 2 A little 3 Moderately 4 Very much 5 Extremely

Q45 What is your height?

HEIGHT cm

Q46 What is your weight? (If you are currently pregnant, write in the weight before your pregnancy.)

BDWEIGHT kg

You will be now asked questions regarding your health behavior.

Q47-1 Do you smoke?

DOSMOKEX

- 1 I am a smoker. 2 I used to smoke, but I have stopped smoking. 3 I have scarcely/ never smoked.

Q47-2 How often do you smoke?

FQSMOKE

- 1 Daily
2 Several times a week
3 Several times a month
4 Several times a year or less often

Q47-3 For how long have you smoked? If you had smoked before, please enter the length of the smoking period.

SMOKEYR

About Year(s)

Q48 How often do you drink alcoholic drinks?

DO5DRINK

- 1 Daily 2 Several times a week 3 Several times a month 4 Several times a year or less 5 Never

Q49 Have you ever done or has anyone told you that you have done the following behavior excessively?

- ADALC** A Drinking -----> 1 Yes 2 No
ADSMOKE B Smoking -----> 1 Yes 2 No
ADGMBL C Gambling -----> 1 Yes 2 No
ADGAME D Video/Internet games (including cell phone games) -----> 1 Yes 2 No

Q50 Is there anyone living together who has done the following behavior excessively?

- | | | | | |
|-----------------|---|-------|------|----------------|
| ADFALC | A Drinking -----→ | 1 Yes | 2 No | 3 I live alone |
| ADFSMOKE | B Smoking -----→ | 1 Yes | 2 No | 3 I live alone |
| ADFGMBL | C Gambling -----→ | 1 Yes | 2 No | 3 I live alone |
| ADFGAME | D Video/Internet games (including cell phone games) → | 1 Yes | 2 No | 3 I live alone |

Q51 How often do you do physical activity for at least 20 minutes that makes you sweat or breath heavier than usual?

FQEXER

- | | | | | |
|-------|-------------------------|--------------------------|---------------------------------------|-------|
| 1 | 2 | 3 | 4 | 5 |
| Daily | Several times
a week | Several times
a month | Several times
a year or less often | Never |

Q52 During the last three years, did you have any health checkup?

XHLTCHK

- | | | |
|----------------|------------------------|----|
| 1 | 2 | 3 |
| Yes, regularly | Yes, but not regularly | No |

Q53-1 How much do you care about your body shape?

CAREBDS

- | | | | |
|-----------|----------------|----------|------------|
| 1 | 2 | 3 | 4 |
| Very much | To some extent | A little | Not at all |

Q53-2 For what reasons, do you care about your body shape? Choose all that apply.

- | | | |
|-----------------|---|--------------------------------------|
| RCBDEYE | 1 | Eyes of others against my body shape |
| RCBDFEEL | 2 | Own feelings against my body shape |
| RCBDHLT | 3 | Health issues |
| RCBDWR | 4 | Difficulties in choosing clothes |
| RCBDOTH | 5 | Others (Please specify _____) |

Q53-3 What do you do in order to manage your body shape? Choose all that apply.

- | | | |
|----------------|---|--|
| MBDEXE | 1 | Exercises |
| MBDFD | 2 | Control of the quantity and quality of meals |
| MBDSUPP | 3 | Supplement (nutritional supplement) intake |
| MBDOTH | 4 | Others (Please specify _____) |
| MBDNONE | 5 | Nothing special |

Q54 What do you think about your current weight?

OPWGHT

- | | | | | |
|---------------------------------|--|--|--|---------------------------------|
| 1 | 2 | 3 | 4 | 5 |
| I would like to
lose weight. | I would like to
lose weight a little. | I would like to
keep my weight
as it is now. | I would like to
gain weight a little. | I would like to
gain weight. |

The following are questions regarding your medical care.

Q55 During the last 12 months, how often did you go to see a doctor? Please answer your own diseases or injuries. (If you are currently pregnant, write in the situation before your pregnancy.)

FQ6DCTR

- | | | | | | |
|---------------------------------|----------------------|-----------------------|-------------------------|----------------------|------|
| 1 | 2 | 3 | 4 | 5 | 6 |
| Several times
a week or more | About once
a week | About once
a month | Several times
a year | About once
a year | None |

Q56-1 During the last 12 months, did you refrain from going to see a doctor, even though you were ill or injured? Please include a cold and a cavity.

XRFDCTR

- | | | |
|-------------|----------------|--|
| 1 | 2 | 3 |
| Yes, I did. | No, I did not. | I was not ill or injured
during the last 12 months. |

Q56-2 Why is it? Please choose all that apply.

- | | | |
|-----------------|----|---|
| RFDRWL | 1 | Waiting time is too long. |
| RFDRCS | 2 | It costs too much. |
| RFDRDIS | 3 | There is no hospital or doctor's office nearby. |
| RFDRDK | 4 | I do not know where to go. |
| RFDRTRNS | 5 | I have no transportation. |
| RFDRAVSN | 6 | I do not like to see a doctor. |
| RFDRBSY | 7 | There is no time to see a doctor. |
| RFDRSLGT | 8 | I thought that there is no need to go. |
| RFDRINS | 9 | I do not have active health insurance. |
| RFDROTH | 10 | Others (Please specify _____) |

Q57 What kind of health insurance do you have?

TPHLINS

- | | | | | |
|---------------------------------|---|----------------------------------|-------------------------------|----------|
| 1 | 2 | 3 | 4 | 5 |
| Public health
insurance only | Public health
insurance and
private insurance | Private health
insurance only | No health
insurance at all | Not sure |

Q58 Have you ever received the following treatment during the last 12 months?

- | | | | | | |
|----------------|---|--|-------|-------|------|
| XOMDACU | A | Acupuncture or moxibustion -----> | 1 Yes | | 2 No |
| XOMDHRB | B | Oriental herbal medicine -----> | 1 Yes | | 2 No |
| XOMDMAS | C | Acupressure or clinical massage -----> | 1 Yes | | 2 No |

Q59 How much do you worry about each of the following when it comes to yourself and your family?

- | | | | | | | | | | |
|----------------|---|---|----------|-------------|------------|-------|---|-------|---|
| | | Very much | A little | Not so much | Not at all | | | | |
| FRMDREC | A | Unable to receive a health
care when needed -----> | 1 | | 2 | | 3 | | 4 |
| FRMDPAY | B | Unable to pay the cost when
someone get a serious illness
or condition -----> | 1 | | 2 | | 3 | | 4 |

Following questions are regarding social support and environment in the area of your local residence.

Q60-1 Did anyone listen to your concerns in general when you needed it during the last 12 months?

LSCON

- | | | |
|----------|---------|--------------------------------|
| 1
Yes | 2
No | 3
I did not have such need. |
|----------|---------|--------------------------------|

- Q60-2 Who were they? Choose all that apply.
- | | | |
|-----------------|---|---|
| LSCONFF | 1 | Co-residing family members |
| LSCONRL | 2 | Other relatives (including those who live separately) |
| LSCONCL | 3 | Colleagues at work |
| LSCONNB | 4 | Neighbors |
| LSCONFR | 5 | Friends |
| LSCONPR | 6 | Professional workers (care takers, therapists, etc.) |
| LSCONOTH | 7 | Others (Please specify _____) |

Q61-1 Did anyone help you financially when you needed it during the last 12 months?

FNHP

- | | | |
|----------|---------|--------------------------------|
| 1
Yes | 2
No | 3
I did not have such need. |
|----------|---------|--------------------------------|

- Q61-2 Who were they? Choose all that apply.
- | | | |
|----------------|---|--|
| FNHPFF | 1 | Co-residing family members |
| FNHPRL | 2 | Other relatives (including those who live separately) |
| FNHPCL | 3 | Colleagues at work |
| FNHPNB | 4 | Neighbors |
| FNHPFR | 5 | Friends |
| FNHPPR | 6 | Professional workers (social workers, personnels at a financial institution, etc.) |
| FNHPOTH | 7 | Others (Please specify _____) |

Q62-1 Did anyone provide you with any other help (ex. housework, childcare, nursing care, etc.) when you needed during the last 12 months?

OTHP

- | | | |
|----------|---------|--------------------------------|
| 1
Yes | 2
No | 3
I did not have such need. |
|----------|---------|--------------------------------|

- Q62-2 Who were they? Choose all that apply.
- | | | |
|----------------|---|--|
| OTHPFF | 1 | Co-residing family members |
| OTHPRL | 2 | Other relatives (including those who live separately) |
| OTHPCL | 3 | Colleagues at work |
| OTHPNB | 4 | Neighbors |
| OTHPFR | 5 | Friends |
| OTHPPR | 6 | Professional workers (care takers, housekeepers, etc.) |
| OTHPOTH | 7 | Others (Please specify _____) |

Q63 Generally speaking, would you say that people can be trusted or that you can't be too careful in dealing with people?

OP4TRUST

- 1 People can almost always be trusted.
- 2 People can usually be trusted.
- 3 You usually can't be too careful in dealing with people.
- 4 You almost always can't be too careful in dealing with people.

Q64 How severe are the following issues in the area of your local residence?

		Very severe	Somewhat severe	Not so severe	Not severe at all
ENHMAP	A Air pollution -----→	1	2	3	4
ENHMWP	B Water pollution -----→	1	2	3	4
ENHMNP	C Noise pollution -----→	1	2	3	4
ENHMSUN	D Invasion of access to sunlight -----→	1	2	3	4

Q65 We would like to ask about the area 1km (approximately 15 minutes on foot) around your home. To what extent do you agree or disagree with each of the following statements?

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
OPNBEXE	A The neighborhood is suitable for doing exercise such as jogging or walking. -----→	1	2	3	4	5
OPNBFD	B A large selection of fresh fruits and /or vegetable is available in my neighborhood. -----→	1	2	3	4	5
OPNBPF	C The neighborhood has adequate public facilities (community center, library, park, etc.). -----→	1	2	3	4	5
OPNBSAFE	D The neighborhood is safe. -----→	1	2	3	4	5
OPNBMTCN	E The neighbors are mutually concerned for each other. -----→	1	2	3	4	5
OPNBASS	F The neighbors are willing to provide assistance when I am in need. -----→	1	2	3	4	5

The following are questions regarding your thoughts and behaviors on health problem.

Q66 How much do you feel the followings in your daily life?

		Very much	To some extent	Not so much	Not at all
TMAFFL	A Time affluence -----→	1	2	3	4
PCMIND	B Peace of mind -----→	1	2	3	4
LONELY	C Loneliness -----→	1	2	3	4

Q67 How often do you do the following?

		Almost everyday	Several times a week	About once a week	About once a month	Several times a year	Never
FRLXBATH	A Hot springs, public bath, or sauna ----→	1	2	3	4	5	6
FRLXMSSG	B Massage or reflexology -----→	1	2	3	4	5	6
FRLXNATR	C Spend in nature (woods, ocean, or river) -----→	1	2	3	4	5	6
FRLXPET	D Spending time with a pet -----→	1	2	3	4	5	6
FRLXEXE	E Exercise (yoga, stretch, or pilates) ----→	1	2	3	4	5	6
FRLXMSC	F Listen to music or sing a song -----→	1	2	3	4	5	6

