## -2019 Special Survey on Working Conditions and Life Styles(Wave 3)

First we would like to ask about your daily life.
Q1 In an average day, about how many hours do you personally watch television? Enter 0 (zero) if you never watch television.
HRTV_W3 About $\square$ hour(s)

Q2 How many books do you read a month on average (comics and magazines excluded)?
FQ5READ_W3
-
I rarely read books.

1
About one

2
About two

3
About three

4
Four or more

Q3 Can you do the following by using computer? Circle all that apply.
COMABPRG_W3 1 Programming a computer
COMABSET_W3 2 Set up for a new computer
COMABINS_W3 3 Software installation
COMABGR_W3 4 Drawing simple tables or graphs
COMABDOC_W3 5 Preparing documents
COMABNO_W3 6 None

Q4 Do you regularly do any exercises or play any sports (walking, swimming, baseball, etc.)?

FQSPORT_W3
1
More than several
times a week
About once
a week

3
About once a month

4
Several times a year

5
Scarcely any exercise

Q5 How often do you go on a trip which takes more than two days (business trips are excluded)?

FQ5TRIP_W3
Several times a month
2
About once
a month

3
Several times
a year

4
About once
a year

5
Never

Q6 How often do you do the following?

|  | Almost everyday | Several times a week | About once a week | About once a month | Several times a year | About once a yea |  | ver |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FQ7FFDNR_W3 A | Have a family dinner -----------> $1 .$. | 2 | 3 | 4 | - |  |  |  |
| FQ7FRSEE_W3 B | Dine and/or meet with friends $\rightarrow$ | 2 | 3 | 4 | . 5 |  |  |  |
| FQ7CKDNR_W3 C | Prepare the evening meal $--->1$ | 2 | 3 | 4 | 5 |  |  |  |
| FQ7WASH_W3 D | Do the laundry -------------------> | 2 | 3 | 4 | 5 | 6 |  |  |
| FQ7SHOP_W3 E | Shopping (daily necessities and groceries) $\qquad$ 1 |  | 3 | . 4 | .. 5 |  |  |  |
| FQ7CLEAN_W3 F | Cleaning the house-------------->1 | 2 | . 3 | 4 | . 5 |  |  |  |
| FQ7GARB_W3 G | Take out the garbage $--------->1$ | 2 | 3 | 4 | 5 | 6 |  |  |

Q7 How often do you do the following?

|  |  |  | Several times a week | About once a week | About once a month | Several times a year | About once a yea |  | ver |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FQ6DRIVE_W3 | A | Driving for fun | $\rightarrow 1$.. | 2 | 3 | 4 |  |  |  |
| FQ6KARA_W3 | B | Karaoke | $\rightarrow$ | 2 | 3 | 4 | 5 |  | . 6 |
| FQ6MSUM_W3 | C | Visiting Museum | $\rightarrow$ | 2 | 3 | . 4 | 5 |  | 6 |
| FQ6CLSS_W3 | D | Going to Classic Concert | $\rightarrow 1$ | 2 | 3 | 4 | 5 |  | 6 |
| FQ6MOVIE_W3 | E | Watching movies (including home videos and DVD) | $\rightarrow 1$ |  | $3$ | ... 4 | . 5 |  |  |
| FQ6GAME_W3 | F | Playing video games (including PC games and portable games) | $\rightarrow 1$ |  | $3 .$ | .. 4 | . 5 |  | . 6 |
| FQ6MAJON_W3 | G | Playing Mahjong | $\rightarrow 1$ | 2 | 3 | 4 | 5 |  | . 6 |
| FQ6PACHI_W3 | H | Play Pachinko and/or Pachislot---- | $\rightarrow 1$ | 2 | 3 | 4 | 5 |  | 6 |
| FQ6LOTTO_W3 | 1 | Buying Lottery | $\rightarrow 1$ | 2 | 3 | 4 | 5 |  |  |
| FQ6GREEN_W3 |  | Gardening - | $\rightarrow 1$ | 2 | 3 | .. 4 |  |  |  |

Q8-1 About how many close friends, excluding family members and relatives, do you have?
NUMFRND_W3
FRND_W3(More than one friend)


You will be now asked questions regarding your mental and physical health.
Q9 How would you rate your health condition?
OP5HLTHZ W3


Q10 How often do you drink alcoholic?
DO7DRINK_W3

| 1 | 2 | 3 | 4 | 5 | 6 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Almost | Several | About once | About once a | Several <br> everyday | times a week | | about once |
| :---: |$\quad$| Never |
| :---: |
| a week |

Q11-1 Do you smoke?
DOSMOKEX_W3

1
I am a smoker.

2
I used to smoke, but I have stopped smoking.

3
I have scarcely/ never smoked.

Q11-2 Have you ever tried to give up smoking?
XQTSMOKE_W3 1 Yes 2 No

Q12 We would like to ask about your feelings and mental status during the last month. (Circle a number as shown in the example.)


Q13 Have you had any of the following symptoms in the past month? Circle all that apply.

| SYMPHEAD_W3 | 1 | Headache | SYMPANRX_W3 | 6 | Anorexia | SYMPSTIF_W3 | 11 | Stiff shoulder |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| SYMPVERT_W3 | 2 | Vertigo | SYMPABDN_W3 | 7 | Abdominal | sYMPSLPD_W3 | 12 | Sleep disorder |
|  |  |  |  |  |  |  |  |  |
| pain |  |  |  |  |  |  |  |  |

Q14How much satisfaction do you get from the following areas of life? Circle a number that applies to you.


3
5

Q16 During the past five years how many traumatic events (such as divorce, unemployment, hospitalization, disabilities, death of someone close to you) have happened to you?

## XTRAUM5Y_W3

$0^{-}$
None

1
Once

2
Twice

3
Three times

4
Four or more times

## The following are the questions regarding your job.

Q17 Other than a temporary part-time job while you were a student, have you had a job with pay? xWORKL_W3


Q18 How much is each of the following statements true for your current workplace? If you are not currently employed, answer regarding the workplace of your last job.

|  |  |  | Somewhat <br> true | Somewhat <br> untrue | Untrue |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

The following questions are for both those who are employed, and those who are not employed.
Q19-1 From the list below, what do you think are skills you earned during the last six years after the previous survey (February-March 2013)? Please choose all that apply.

Q19-2 From the list below, what do you think are skills you want to earn or improve in near future? Choose all that apply

|  | Q19-1 <br> Circle all skills earned after the previous survey |  | Q19-2Circle all skillsyou want to earn/improve |  |
| :---: | :---: | :---: | :---: | :---: |
| Skill to prepare documents on the computer | SKAPDOC_W3 | 1 | SKWTDOC_W3 | 1 |
| Ability to speak, read, write in English | SKAPENG_W3 | 2 | SKWTENG_W3 | 2 |
| Cooperativeness with superiors and/or colleagues | SKAPCOOP_W3 | 3 | SKWTCOOP_W3 | 3 |
| Ability to carry on tasks without authoritative directions | SKAPINTV_W3 | 4 | SKWTINTV_W3 | 4 |
| Ability to carry out multiple tasks | SKAPVERS_W3 | 5 | SKWTVERS_W3 | 5 |
| Ability to lead a team | SKAPLEAD_W3 | 6 | SKWTLEAD_W3 | 6 |
| Ability to deal with people with proper manner | SKAPMNNR_W3 | 7 | SKWTMNNR_W3 | 7 |
| Ability to construe others' request accurately | SKAPRCPT_W3 | 8 | SKWTRCPT_W3 | 8 |
| Ability to make coherent communication with others | SKAPCHRC_W3 | 9 | SKWTCHRC_W3 | 9 |
| Knowledge about social situation | SKAPSOC_W3 | 10 | SKWTSOC_W3 | 10 |
| Knowledge about law | SKAPLAW_W3 | 11 | SKWTLAW_W3 | 11 |
| Knowledge about labor rights and duties | SKAPRGHT_W3 | 12 | SKWTRGHT_W3 | 12 |
| None of the above | SKAPNO_W3 | 13 | SKWTNO_W3 | 13 |
| Never employed | SKAPNW_W3 | 14 |  |  |

Q20 Do you want to increase or decrease the time you spend on the following?


## You will be now asked questions regarding your thoughts on family

Q21-1 Do you have a spouse (husband or wife) now? Please include an unregistered common-law spouse and a cohabiting partner.
DOMARRYL_W3


Q21-3 Do you have an intimate partner now?
INTPTN_W3
1 I have a fiancée/fiancé.
2 I have a boyfriend/girlfriend.
3 I had in the past, but not now.
4 I have never had a romantic partner.
Q21-4 By what age do you want to get married?
MARINT_W3


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Q22 Who primarily decides on the following familial affairs? Choose one that applies.


Q23 How often does your spouse do the followings?


Q24 Do you want your spouse to increase or decrease the time you spend on the following?


Q25 How would you rate your spouse's health condition?
SS5HLTHZ_W3


The following questions are both for married and unmarried
Q26-1 Do you want to have a child in the future? If you already have any children, do you want to have another child?
INTCHLD_W3
I want a child by I want a child. all means.

| I have mixed <br> feelings. | I do not want a child <br> very much. | I do not want <br> a child. |
| :---: | :---: | :---: |



Q27Suppose you have a child, how do you think the following things would be changed, compared to your current life. If you already have any children, think about when you have another child.

|  |  | Much better | Better | Stay the same | Worse | Much Worse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| LCHGFIN_W3 A | A | Family finances -------------> 1 | 2 | 3 | 4 | 5 |
| LCHGEMP_W3 | B | Opportunity for employment |  |  |  |  |
|  |  | and promotion ---------------> 1 | 2 | 3 | 4 | 5 |
| LCHGFRD_W3 | C | Friendship ------------------->>110. | 2 | 3 | 4 | 5 |
| LCHGSOC_W3 | D | Social appraisal -----------> 1 | 2 | 3 | 4 | 5 |
| LCHGPEAC_W3 | E | Peace of mind ---------------> 1 | .. 2 | 3 | 4 | 5 |
| LCHGSAT_W3 | F | Life satisfaction ------------> 1 .. | .. 2 | 3 .. | .. 4 | 5 |

Q28 How many children in total (including existing children) do you want to have?


Q30 Do you agree or disagree with the following statements about child education? If you don't have any children, please answer with the assumption that you have your own children.

|  | Agree | Somewhat agree | Somewhat disagree | Disagree |
| :---: | :---: | :---: | :---: | :---: |
| CEDUACAD_w3 A | I want my children to attain the same level or higher level of education, compared to what I have received. $-------\rightarrow 1$. | $\ldots 2$ | $\text { ... } 3 \text {... }$ | $\ldots . .4$ |
| CEDUEMP_W3 B | I want my children to get a job, rather than attending college. | $2$ | 3 | ... 4 |
| CEDUEXP_W3 C | I want to spend money on child education as much as possible. ------------> 1 | ... 2 | .. 3 | ... 4 |
| CEDUGOV_W3 D | I want national and local government to spend more on childcare support services. $\qquad$ | $\text { ... } 2$ |  | $\ldots 4$ |

Q31 Do you agree or disagree with the following statements?

|  |  | Agree | Somewhat agree | Somewhat disagree | Disagree |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Q4DIVOK_W3 | A | A person, who is not satisfied with his/her spouse, should be able to divorce at any time. $\qquad$ 1 1 .. |  |  | $\ldots . .4$ |
| Q4MNCOOK_W3 | B | Men should cook and look after themselves. $\qquad$ 1. | $2 .$ | $3$ | $\ldots .4$ |
| Q4WWHHX_W3 | C | A husband's job is to earn money; a wife's job is to look after the home and family. $\qquad$ 1 |  | .. 3 | ... 4 |
| Q4JBmmCc_w3 | D | If a mother works, it will have a negative impact on preschool children. | $\ldots 2$ | $\ldots 3$ | $\ldots 4$ |
| Q4WWHPHH_W3 | E | It is more important for a wife to help her husband's career than to have one herself. $\qquad$ $\rightarrow 1$ | $2 \ldots .$ | $3$ | ... 4 |

Q32 When you were suffering from a large amount of personal worries or stress to whom did you ask for help?
Think about the most recent case, and choose one that applies.

## HLPWRRY_W3

1 Family living with you
2 Other relatives
3 Co-worker
4 Neighbors
5 Friends
6 Professionals such as doctors and therapists
7 I did not consult with anybody
8 I have not experienced such a problem

Q33 Do you have the following items at home? Please circle all that apply.

| CNSDBCAR_W3 | 1 | Automobile |
| :--- | :--- | :--- |
| CNSDBMCY_W3 | 2 | Motorcycle |
| CNSDBFTV_W3 | 3 | Large flat-screen TV |
| CNSDBDRY_W3 | 4 | Cloth drier (including all in one wash machine) |
| CNSDBSTK_W3 | 5 | Stock and/or bond certificates |
| CNSDBNO_W3 | 6 |  |

Q34 During the past one year, did you try to spend less on the following items at home? Please circle all that apply.

| EXRSMEAL_W3 | 1 | Meal expense |
| :--- | :--- | :--- |
| EXRSHOUS_W3 | 2 | Housing expense |
| EXRSUTL_W3 | 3 | Utility costs/gas expense |
| EXRSCLTH_W3 | 4 | Clothing expense |
| EXRSCOMM_W3 | 5 | Communication expense such as phone bills |
| EXRSMED_W3 | 6 | Medical expense |
| EXRSEDU_W3 | 7 | Education expense |
| EXRSENT_W3 | 8 | Entertainment expense |
| EXRSOT_W3 | 9 | Others (Please specify |
| EXRSNO_W3 | 10 | I did not try to spend less on anything. |

Q35 What do you want to spend more money on in particular? Please circle all that apply.

| EXWTFOOD_W3 | 1 | Eating |
| :--- | :--- | :--- |
| EXWTHOUS_W3 | 2 | Housing |
| EXWTAPPL_W3 | 3 | Appliances/audio-visual equipment (refrigerator, TV, PC, etc.) |
| EXWTCAR_W3 | 4 | Automobile |
| EXWTFSHN_W3 | 5 | Fashion/beauty treatment |
| EXWTLSSN_W3 | 6 | Culture lesson/qualification |
| EXWTFRD_W3 | 7 | Social expenses with friends |
| EXWTTRAV_W3 | 8 | Travel |
| EXWTSPRT_W3 | 9 | Sports/Health promotion |
| EXWTSMC_W3 | 10 | Watching sports, movies, going to concerts, etc. |
| EXWTHK_W3 | 11 | Housekeeping service (including child care) |
| EXWTEDU_W3 | 12 | Education expense for children |
| EXWTPET_W3 | 13 | Expense for pets |
| EXWTOT_W3 | 14 | Others (Please specify |
| EXWTNO_W3 | 15 | None of the above |

The following are questions regarding your living circumstances.
Q36 To what extent do you agree or disagree with each of the following statements?

|  |  | Strongly agree | Somewhat agree | Neither agree nor disagree | Somewhat disagree | Strongly disagree |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| NOFUTR_W3 A | The future seems to me to be hopeless, and I can't believe that things are--------> changing for the better. | 1.. ...... | ..2.. | $\text { .... } 3 \text {.. }$ | $\text { ... } 4 .$ |  |
| NOGOAL_W3B | I feel that it is impossible for me to reach the goals that I would like to strive for. $\qquad$ |  |  |  |  |  |

[^0]Q38 Compared with Japanese families in general, what would you say about your family income?
OP5FFINX_W3

| -1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Far below average | Below average | Average | Above average | Far above average |

Q39 Do you feel anxious about your economic situation in the future?

## AXECNSF_W3 <br> 1

I feel very anxious. I feel somewhat anxious.

3
I have mixed feelings.

4
I don't feel anxious I don't feel anxious very much. at all.

Q40 How much did you save during the last year?
SAVELSTY_W3
$1 \quad 0$ Yen
2 Less than 100,000 Yen
3 100,000-300,000 Yen
$4300,000-500,000$ Yen
5 500,000-700,000 Yen
6 700,000-1,000,000 Yen
7 1,000,000-2,000,000 Yen
8 More than 2,000,000 Yen

Q41 How do you think each of the following aspects of your household has changed during the last four years?


Q42 Which of the following public pension plans do you join?

## PENPLAN_W3

1
National Pension

| 2 | 3 |
| :---: | :---: |
| Employees‘ Pension / | Other |
| Mutual Aid Association | (Specify: |

4
I don't join any pension Pension

Q43 In your opinion, how much opportunity would you say there is in the Japanese society to improve the standard of living for you and/or for your family?
OP5CHNCA_W3
1
Sufficient

$$
2
$$

> Somewhat sufficient

3
Neither sufficient nor insufficient

5
Not very sufficient Not sufficient at all

Q44 If we were to divide the contemporary Japanese society into the following five strata, which would you say you belong to?

## OP5LEVK_W3

| $\overline{1}$ | 2 | 3 | 4 |
| :---: | :---: | :---: | :---: |
| Upper | Upper middle | Middle | Lower middle |

Q45 Currently, which political party do you support? Choose one that applies.

## XX8PLPTY_W2

1 Liberal Democratic Party
2 The Constitutional Democratic Party
3 Komeito
4 Japanese Communist Party
5 Democratic Party for the People
6 Japan Innovation Party
7 Social Democratic Party
8. Liberal Party
9. Party of Hope
10. Other party (
11. There is no particular party I support.
12. Don't know

Q46 Which of the following is the closest to your image of what Japan is supposed to be in the future?

## JPSOCST_W3

Society emphasizing competition and rationality as in the United States

2
Society emphasizing welfare with high tax rates as in Northern Europe

3
Society emphasizing lifetime employment as in old Japan

4
Others
(Please Specify )

Q47 What do you think of human nature? Choose a number from 1 to 7 .
OP7GDEVO_W3

| Human nature is <br> basically evil |
| :---: |

Q48 How true is each of the following statement A-H to you?

|  | Very true | Somewhat true | Somewhat untrue | Not true at all |
| :---: | :---: | :---: | :---: | :---: |
| SEVPOS_W3 A | I always stay positive when I challenge $--\rightarrow 1$ | 2 | 3 | 4 |
| SEVCHCY_W3 B | I am able to explicitly explain my |  |  |  |
|  | ideas to others ---------------- | 2 | 3 | 4 |
| SEVORIG_W3 C | I have my "own style" distinct from others $\rightarrow$ | 2 | 3 | 4 |
| SEVDPND_W3 D |  | 2 | 3 | 4 |
| SEVCNsv_W3 E | My ideas are conservative ------------------>>1 | 2 | 3 | 4 |
| SEVRSPCT_W3 F | I want to gain admired statuss |  |  |  |
|  | much as possible ----------------------------> 1 | 2 | 3 | 4 |
| SEVHISLR_W3 G | I want to earn as higher income as I can $-\rightarrow 1$ | 2 | 3 | 4 |
| SEVSCs_W3 H | Some hardships are necessary to grow $--\rightarrow 1$ | 2 | 3 | 4 |
| SEVINSGH_W3 I | I have an insight into the nature of things $-\rightarrow 1$ | 2 | 3 | 4 |
| SEVLGVIEW_W3J | I always think with a long term view $\quad--\rightarrow 1$ | .. 2 | 3 | 4 |
| SEVCHLNG_W3 K | I take a challenge despite the potential | 2 |  |  |

Q49 How would you assess your abilities in the followings....

|  | Very good | Good | Fair | Poor | Very |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EANWP_W3 A | Reading a short article in |  |  |  |  |
|  | English newspapers --------------------------->1 | 2 | 3 | 4 | .. 5 |
| EACHTT_W3 B | Chatting with English speakers $----------->1$ | 2 | 3 | 4 | 5 |
| EALTTR_W3 C | Writing a letter in English ------------------->>1 | 2 | 3 | 4 | 5 |

Thank you very much for your kind cooperation. Please submit this questionnaire to the interviewer.


[^0]:    Q37 During the last few years, has your financial situation been getting better, worse, or has it stayed the same?
    OP3ECN3A_W3

    1 - 2
    Getting worse
    Stayed the same

