

February, 2019 JGSS-2019LCS Self-Administered Questionnaire

JGSS Research Center, Osaka University of Commerce Joint Usage/Research Center for Japanese General Social Surveys Accredited by Minister of Education, Culture, Sports, Science and Technology

-2019 Special Survey on Working Conditions and Life Styles-(Wave 3)

First we would like to ask about your daily life. Q1 In an average day, about how many hours do you personally watch television? Enter 0 (zero) if you never watch television. HRTV_W3 About hour(s) Q2 How many books do you read a month on average (comics and magazines excluded)? FQ5READ_W3 2 3 0 About one About two About three Four or more I rarely read books. Q3 Can you do the following by using computer? Circle all that apply. COMABPRG_W3 1 Programming a computer COMABSET_W3 2 Set up for a new computer COMABINS_W3 3 Software installation COMABGR W3 Drawing simple tables or graphs COMABDOC_W3 5 Preparing documents COMABNO_W3 6 None Q4 Do you regularly do any exercises or play any sports (walking, swimming, baseball, etc.)? **FQSPORT W3** 2 5 1 More than several About once About once Several times Scarcely any times a week a week a month a year exercise Q5 How often do you go on a trip which takes more than two days (business trips are excluded)? FQ5TRIP_W3 2 5 Several times About once Several times About once Never a month a month a year a year Q6 How often do you do the following? Several About About Several About

Almost

everyday

FQ7SHOP_W3 E Shopping (daily necessities

FQ7CLEAN_W3 F

times

a week

once

a week

once

a month

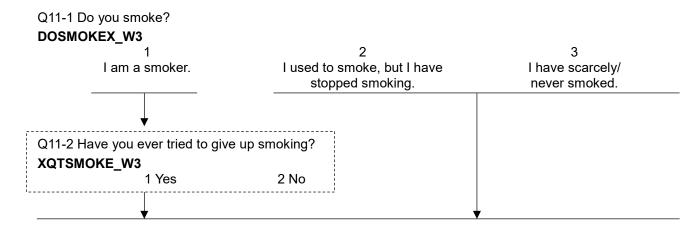
times

a year

once

a year

	do you do the fo	3	Seve		About	Several	About	
			time a we		once a month	times a year	once a year	Never
FQ6DRIVE_W3	A Driving for fu	ın						
FQ6KARA_W3	B Karaoke			1 2	3	4	5	6
FQ6MSUM_W3	C Visiting Muse	eum	> ·	1 2	3	4	5	6
FQ6CLSS_W3	D Going to Cla	ssic Concert	> ·	1 2	3	4	5	6
FQ6MOVIE_W3	E Watching mo	ovies ne videos and DV	′D)→ ′	1 2	3	4	5	6
FQ6GAME_W3	F Playing vide	o games games and portal	ble games) →	1 2	3	4	5	6
FQ6MAJON W3	G Playing <i>Mah</i>	-	- '					
_	H Play Pachini	. •						
FQ6LOTTO_W3	=	ry						
FQ6GREEN_W3		, 						
None	1-2	3-	-4	5-9	10-19	9	20 or m	ore
-	Q8-2 How mar	ny of your close	friends apply to	the followin		Some	Noi	ne of the
F	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D	Those who are those who are the you Those who are level with you Those who are with you	the same sex a the same genera e the same ed	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Noi	ne of the 3 3
F F F	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D	Those who are those who are those who are those who are level with you those who are with you Foreigners	the same sex a the same general the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Noi	ne of the 3 3
You will be not	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h	Those who are to those who are to those who are those who are those who are with you those who are with you foreigners	the same sex a the same general the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Noi	ne of the 3 3
F F F You will be no	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h W3	Those who are those who are theyou Those who are theyou Those who are theyou Those who are with you Foreigners ions regarding ealth condition?	the same sex a the same general the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Noi	ne of the 3 3
You will be not Q9 How would OP5HLTHZ_V	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h W3	Those who are to those who are to those who are those who are those who are with you those who are with you foreigners	the same sex a the same general the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Noi	ne of the 3 3
You will be not Q9 How would OP5HLTHZ_V	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h W3 od l en do you drink al	Those who are to those who are to those who are to those who are to the with you. Those who are with you. Foreigners	the same sex athe same generate the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Poor	ne of the 3 3
You will be not Q9 How would OP5HLTHZ_V	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h W3 od I FRNDFRGN_W3 I FRNDFRG	Those who are to those who are to those who are to those who are level with you those who are with you foreignersions regarding ealth condition?	the same sex a the same general the same ed the same income the same income your mental a	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2 2 2	Poor	ne of the 3 3
You will be not Q9 How would Good	FRNDSEX_W3 A FRNDGEN_W3 B FRNDEDU_W3 C FRNDINC_W3 D FRNDFRGN_W3 E Ow asked quest d you rate your h W3 od l en do you drink al	Those who are to those who are to those who are to those who are to the with you. Those who are with you. Foreigners	the same sex athe same generate the same ed the same inco	All s you 1 ation with 1 ucational 1 me level 1	ngs?	Some 2 2 2	Poor	ne of the



Q12 We would like to ask about your feelings and mental status during the last month. (Circle a number as shown in the example.)

MENHLNRV_W3
MENHLCLM_W3
MENHLDP_W3
MENHLPLS_+W3
MENHLDWN_W3

All of the	N	None of the time			
(Example)	1	2	3	4	5
A I have been a very nervous.	1	2	3	4	5
B I have felt calm and peaceful.	1	2	3	4	5
C I have felt downhearted and blue.	1	2	3	4	5
D I have been happy.	1	2	3	4	5
E I felt so down in the dumps that nothing could cheer me up.	1	2	3	4	5

Q13 Have you had any of the following symptoms in the past month? Circle all that apply.

SYMPHEAD_W3	1 Headache	SYMPANRX_W3	6	Anorexia	SYMPSTIF_W3	11	Stiff shoulder
SYMPVERT_W3	2 Vertigo	SYMPABDN_W3	7	Abdominal pain	SYMPSLPD_W3	12	Sleep disorder
SYMPPALP_W3	3 Palpitation	SYMPSTMC_W3	8	Stomach pain	SYMPSLP_W2	13	Lack of sleep
SYMPDIAR_W3	4 Diarrhea	SYMPBACK_W3	9	Lower back	SYMPOTHR_W3	14	Other
SYMPCNST_W3	5 Constipation	SYMPEYES_W3	10	pain Eyestrain	SYMPNONE_W3	15	(Specify:) None of them

Q14How much satisfaction do you get from the following areas of life? Circle a number that applies to you.

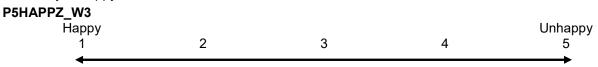
Satisfied

Dissatisfied

ST5AREAY_W3
ST5LEISY_W3
ST5LIFEY_W3
ST5ECNY_W3
OTEEDIN MA
ST5FRIY_W3
ST5HLTHY_W3
ST5SSREL W3

	Satisfied	<u>, </u>			— →	usne
Α	Place you live in	1	2	3	4	5
В	Leisure time activities	1	2	3	4	5
С	Your family life	1	2	3	4	5
D of	The current financial situation your household	1	2	3	4	5
Е	Your friendships	1	2	3	4	5
F	Your health and physical condition	1	2	3	4	5
G	Relationship with your spouse	1	2	3	4	5

Q15 Are you happy?

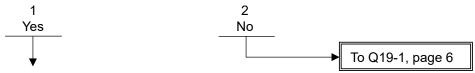


Q16 During the past five years how many traumatic events (such as divorce, unemployment, hospitalization, disabilities, death of someone close to you) have happened to you?

XTRAUM5Y_W3 0 1 2 3 4 None Once Twice Three times Four or more times

The following are the questions regarding your job.

Q17 Other than a temporary part-time job while you were a student, have you had a job with pay? **XWORKL_W3**



Q18 How much is each of the following statements true for your current workplace? If you are not currently employed, answer regarding the workplace of your last job.

		7			omewhat	Untrue
CNDFLX W3	Α	I can decide my working hours flexibly		true 2		0
CNDSMPR_W3		I can decide my working sequence on my own→				
CNDSMAMT_W3		I can decide my working amount on my own→				
CNDSMHDY_W3	D	I can decide holiday/vacation on my own→	1	2	. 3	. 4
CNDJNT_W3	Ε	My co-workers' workload will be increased if I don't do my allocation→	1	2	. 3	. 4
CNDUNRST_W3	F	Regardless of rank at work, we can discuss matters frankly→	1	2	. 3	. 4
CNDINS_W3	G	There is a superior at work who gives me sufficient explanation about visions and policies→	1	2	. 3	. 4
CNDSPT_W3	Η	There is a senior at work who trains me and gives me an advice→	1	2	. 3	. 4
CNDKNLG_W3	I	I utilize my knowledge and skills learned at school	1	2	. 3	. 4
CNDTRN_W3	J	Effective job training is implemented→	1	2	. 3	. 4
CNDREP_W3	K	I feel like my job is repetitive→	1	2	. 3	. 4
CNDABL_W3	L	I utilize my own ability→	1	2	. 3	. 4
CNDEFT_W3	M	Promotion is contingent upon efforts→	1	2	. 3	. 4
CNDACMP_W3	Ν	Salary varies contingent upon accomplishment →	1	2	. 3	. 4
CNDWRTH_W3	0	I work because I enjoy my work rather than for				
		money	1	2	. 3	. 4
CNDBLC_W3	Р	Time allocation of work and life is well-balanced →	1	2	. 3	. 4

The following questions are for both those who are employed, and those who are not employed.

Q19-1 From the list below, what do you think are skills you earned during the last six years after the previous survey (February-March 2013)? Please choose <u>all</u> that apply.

Q19-2 From the list below, what do you think are skills you want to earn or improve in near future? Choose all

that apply

and apply	Q19-1		Q19-2			
	Circle <u>all</u> skills ean		Circle <u>all</u> skills			
	after the previous su	ırvey	you want to earn/imp	rove		
Skill to prepare documents on the computer	SKAPDOC_W3	1	SKWTDOC_W3	1		
Ability to speak, read, write in English	SKAPENG_W3	2	SKWTENG_W3	2		
Cooperativeness with superiors and/or colleagues	SKAPCOOP_W3	3	SKWTCOOP_W3	3		
Ability to carry on tasks without authoritative directions	SKAPINTV_W3	4	SKWTINTV_W3	4		
Ability to carry out multiple tasks	SKAPVERS_W3	5	SKWTVERS_W3	5		
Ability to lead a team	SKAPLEAD_W3	6	SKWTLEAD_W3	6		
Ability to deal with people with proper manner	SKAPMNNR_W3	7	SKWTMNNR_W3	7		
Ability to construe others' request accurately	SKAPRCPT_W3	8	SKWTRCPT_W3	8		
Ability to make coherent communication with others	SKAPCHRC_W3	9	SKWTCHRC_W3	9		
Knowledge about social situation	SKAPSOC_W3	10	SKWTSOC_W3	10		
Knowledge about law	SKAPLAW_W3	11	SKWTLAW_W3	11		
Knowledge about labor rights and duties	SKAPRGHT_W3	12	SKWTRGHT_W3	12		
None of the above	SKAPNO_W3	13	SKWTNO_W3	13		
Never employed	SKAPNW_W3	14				

Q20 Do you want to increase or decrease the time you spend on the following?

		I want to increase.	I want to increase a little.	Just fine now.	I want to decrease a little.	I want to decrease.
TMALWK_W3 A	Work hours	-→ 1	2	3	4	5
TMALHBY_W3 B	Hobby	-→ 1	2	3	4	5
TMALFAM_W3 C	Family time	-→ 1	2	3	4	5
TMALHW_W3 D	Housework	-→ 1	2	3	4	5

You will be now asked questions regarding your thoughts on family

Q21-1 Do you have a spouse (husband or wife) now? Please include an unregistered common-law spouse and a cohabiting partner.

DOMARRYL_W3

1 I have a spouse now. 2 I do not have a spouse.

	Somewhat Somewhat Not tr Very true true untrue at a
UNMRTM_W3 A	It is not right time to get marry now 1 2
UNMRWK_W3 B	Current job gives me a sense of fulfillment and pleasure
UNMRHB_W3 C	I want to enjoy spending on hobbies now→ 1
	There is no ideal partner around 1 2
UNMRNOP_W3 E	There is no chance to meet a potential partner. → 1 2
UNMRMRRD_W3F	People I like are often married 1 2
2	
3 4	I had in the past, but not now. I have never had a romantic partner.
3 4	
3 4 Q21-4 By what a	I have never had a romantic partner. age do you want to get married? 1 2 3 Lam not concerned I do not intend to get

Q22 Who primarily decides on the following familial affairs? Choose one that applies.

DMHIEXPL_W3 A	Purchase higher cost items such as a car and furniture	Always I	Usually I	Together with my spouse	Usually my spouse	Always my spouse	I and my spouse separately	
DMINV_W3 B	Savings and investment-	→ 1	2	3	4	. 5	6	
DMCED_W3 C	Child discipline and Education	→ 1	2	3	4	. 5	6 7 I have no c	child

Q23 How often does your spouse	do the	followings?
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		Almost everyday	Several times a week	About once a week	About once a month	Several times a year	About once a year	Never
SSFQ7CK_W3 A	Prepare the evening meal	→ 1	2	3	4	5	6	7
ssfq7shp_w3 B	Shopping (daily necessities	S						
	and groceries)	· → 1	2	3	4	5	6	7
SSFQ7GRB_W3 C	Take out the garbage	-→ 1	2	3	4	5	6	7

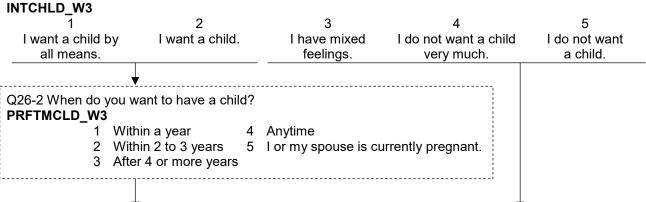
Q24 Do you want your spouse to increase or decrease the time you spend on the following?

			I want my		I want my	
		I want my	spouse to		spouse to	I want my
		spouse to	increase	Just fine	decrease	spouse to
		increase.	a little.	now.	a little.	decrease.
TMALSWK_W3 A	Work hours	→ 1	2	3	4	5
TMALSHBY_W3 B	Hobby	→ 1	2	3	4	5
TMALSFAM_W3 C	Family time	→ 1	2	3	4	5
TMALSHW_W3 D	Housework	→ 1	2	3	4	5

Q25 How would you rate your spouse's health condition?

The following questions are both for married and unmarried

Q26-1 Do you want to have a child in the future? If you already have any children, do you want to have another child?



Q27Suppose you have a child, how do you think the following things would be changed, compared to your current life. If you already have any children, think about when you have another child.

				Stay		
		Much better	Better	the same	Worse	Much Worse
	Family finances		2	3	4	5
LCHGEMP_W3 B	Opportunity for employm	nent				
	and promotion	→ 1	2	3	4	5
	Friendship					
LCHGSOC_W3 D	Social appraisal	 → 1	2	3	4	5
	Peace of mind					
LCHGSAT_W3 F	Life satisfaction	→ 1	2	3	4	5

Q28 How ma		3	al (including exis	_		t to have?		
0 None		1 One	2 Two	3 Three	4 Four		5 Five or more ase specify PRFCCNMX_\)
			ıt raising your c	wn children?	Choose <u>all</u> t	hat apply.		
ANXCARE_W3	1	Caretaking						
ANXDSP_W3		Disciplining						
ANXCOMM_W3			tion with childre					
ANXCIR_W3			od quality as a p	place to raise	children			
ANXFRD_W3		Children's fri						
ANXLIFE_W3		Children's D						
ANXACAD_W3			cademic perforr					
ANXEDU_W3			ducational expe	nses				
ANXOT_W3	9	Others(Pleas)				
ANXNO_W3	10	No specific v	vorries/No child					
			e with the follo ith the assumpt				on? If you don't Somewhat disagree	have any
CEDUACAD W	2 Δ	I want my ch	ildren to attain	the same	Agree	agree	disagree	Disagree
CLDOACAD_W	5 /\		er level of educ					
		compared to	what I have re	ceived	→ 1	2	3	1
CEDIIEMD W2	R		ildren to get a j		/ 1	2	5	7
CLDOLWIF_VV3		rather than a	ittendina collea	OD, e	→ 1	2	3	4
CEDITEAD M3	C		end money on c		/ 1	2		7
CEDOEXF_W3	U	education as	much as noss	ihle	1	2	3	4
CEDITICON M3	D		ial and local go			∠	5	4
CEDUGOV_W3	D	on childcare	support service	es	→ 1	2	3	4
Q31 Do you a	agre	e or disagree	with the followi	ng statemen	ts?			
						Somewhat	Somewhat	
					Agree	agree	disagree	Disagree
Q4DIVOK_W3	Α	•	no is not satisfie					
			se, should be a					
					→ 1	2	3	4
Q4MNCOOK_W3	В		cook and look a	after				
		themselves.			→ 1	2	3	4
Q4WWHHX_W3	С		job is to earn n					
			s to look after th					
						2	3	4
Q4JBMMCC_W3	D		vorks, it will hav					
			eschool childre		→ 1	2	3	4
Q4WWHPHH_W3	Ε	It is more im	portant for a wit	fe to help				
			's career than t					
		one herself.			→ 1	2	3	4
	out		rom a large am nt case, and ch			r stress to w	hom did you asl	k for help?
_	1	Family living	with you					
		Other relative						
		Co-worker	= =					
	4							
		Friends						
			s such as docto	ors and thera	pists			
	7		sult with anyboo					
	8		perienced such					

				ing to conce	/qualification es with friends promotion ts, movies, go service (incluense for child	Fashion/beaut Culture lesson Social expense Travel Sports/Health Watching spor Housekeeping Education expense for per	5 6 7 8 9 10 11 12 13	EXWTFSHN_W3 EXWTFRD_W3 EXWTTRAV_W3 EXWTSPRT_W3 EXWTSMC_W3 EXWTHK_W3 EXWTEDU_W3 EXWTPET_W3
				;-	/qualification es with friend:	Culture lesson Social expense Travel	6 7 8	EXWTLSSN_W3 EXWTFRD_W3 EXWTTRAV_W3
					4 4 4			EXWICAR_W3 EXWTFSHN_W3
			_		,	pend more mon Eating Housing Appliances/au Automobile	1 2	Q35 What do <u>you</u> EXWTFOOD_W3 EXWTHOUS_W3 EXWTAPPL_W3 EXWTCAR_W3
)	anything.	se ense expense e specify spend less or	Medical expen Education expendentertainment Others (Please I did not try to	6 7 8 9 10	EXRSMED_W3 EXRSEDU_W3 EXRSENT_W3 EXRSOT_W3 EXRSNO_W3
<u>all</u> that	ase circie <u>aii</u>	nome? Plea			nse s expense nse	Meal expense Housing exper Utility costs/ga Clothing exper	1 2 3 4	apply. EXRSMEAL_W3 EXRSHOUS_W3 EXRSUTL_W3 EXRSCLTH_W3
	ase circle	home? Plea	ving items at	on the follow	eluding all in o ond certificate oove o spend less nse s expense nse	Meal expense Housing exper Utility costs/ga	5 6 ast one year 1 2 3 4	EXRSMEAL_W3 EXRSHOUS_W3 EXRSUTL_W3

Q33 Do you have the following items at home? Please circle <u>all</u> that apply.

Q38 Compared with J OP5FFINX_W3	apanese families in ge	eneral, what would	you say about your fan	nily income?
1	2	3	4	5
Far below average	Below average	Average	Above average	Far above average
Q39 Do you feel anxio	ous about your econom	nic situation in the	future?	
1	2	3	4	5
I feel very anxious.	I feel somewhat anxious.	I have mixed feelings.	I don't feel anxious very much.	s I don't feel anxious at all.
Q40 How much did yo SAVELSTY_W3	ou save during the last	year?		
1 $\overline{0}$ Yen		5	500,000 – 700,000 Y	⁄en
2 Less than	100,000 Yen	6	700,000 - 1,000,000	Yen
3 100,000 –	- 300,000 Yen	7	1,000,000 - 2,000,00	00 Yen
4 300,000 –	- 500,000 Yen	8	More than 2,000,000) Yen
Q41 How do you think	each of the following a	spects of your hou	sehold has changed du	uring the last four years?
			little increased nor decreased	Decreased a Decreased little
CHGSVNG_W3	A Saving	 1······	2 3	4 5
CHGDFCT_W3	→ B Deficits	1······	2 3	4 5
CHGMONY_W3	C Your dispose money→	able 1······	2 3	4 5
Q42 Which of the follo	owing public pension pl	lans do you join?		
1	2		3	4
National Pen	sion Employees' Mutual Aid A Pens	Association (S	Other pecify:)	l don't join any pension plan
	for you and/or for you	r family?	ere is in the Japanese	society to improve the
1 Sufficient	2 Somewhat sufficient	3 Neither sufficient nor insufficient	4 t Not very sufficient	5 Not sufficient at all
Q44 If we were to div say you belong to OP5LEVK_W3		Japanese society	into the following five	strata, which would you
1 Upper	2 Upper middle	3 Middle	4 Lower middle	5 Lower

Q45 Currently, which political party do you support? Choose one that applies. XX8PLPTY W2 Liberal Democratic Party 2 The Constitutional Democratic Party 3 Komeito 4 Japanese Communist Party 5 Democratic Party for the People 6 Japan Innovation Party 7 Social Democratic Party 8. Liberal Party 9. Party of Hope 10. Other party (11. There is no particular party I support. 12. Don't know Q46 Which of the following is the closest to your image of what Japan is supposed to be in the future? JPSOCST_W3 Others Society emphasizing Society emphasizing Society emphasizing competition and welfare with high lifetime employment (Please Specify) rationality as in the tax rates as in as in old Japan **United States** Northern Europe Q47 What do you think of human nature? Choose a number from 1 to 7. OP7GDEVO_W3 Human nature is Human nature is basically evil basically good 5 2 6 1 Q48 How true is each of the following statement A-H to you? Somewhat Somewhat Not Very true true untrue true at all SEVPOS W3 **SEVCHCY_W3** B I am able to explicitly explain my ideas to others -SEVORIG_W3 I want to gain admired statuss SEVRSPCT_W3 F ----- → 1 2 3 4 much as possible -----SEVHISLR_W3 G SEVSCS_W3 SEVINSGH W3 | I always think with a long term view --→ 1 2 3 4

Q49 How would you assess your abilities in the followings....

SEVCHLNG_W3 K I take a challenge despite the potential

risks

SEVLGVIEW W3J

	,	Very good	Good	Fair	Poor	Very poor
EANWP_W3 A	Reading a short article in					
	English newspapers	→ 1	2	3	4	5
EACHTT_W3 B	Chatting with English speakers	→ 1	2	3	4	5
EALTTR_W3 C	Writing a letter in English	→ 1	2	3	4	5

Thank you very much for your kind cooperation. Please submit this questionnaire to the interviewer.